

A multi-purpose sheet material comprising an absorbent material and a bonding material in contact with the absorbent material. The bonding material and the absorbent material are thermally bonded so that the bonding material and the absorbent material form an amalgamated layer therebetween. A fluid impermeable material is in contact with the absorbent material. The bonding material has a basis weight in the range of 4 g/m² to about 100 g/m² and, the sheet material exhibits a lamination efficiency of at least 10g/m².