

The invention discloses a sporting protective device 1 for inserting into the mouth. The protective device contains the U-shaped basic element 2 matching the contour of the jaw. The basic element contains the upper canal 10 for the upper dentition. The protective device contains the element for attaching the teeth 3 made of the material to be adaptable by the user according to the individual shape of the mouth. The device also contains the shock-absorbing element combined with the basic element 2 used for absorbing the shock loading. The shock-absorbing element contains the open canals operating like the air springs. The basic element is preferably made of polyethylene mixed with EVA (ethylene – vinyl acetate co-polymer) amounting to 10 %. The addition of EDA provides more flexibility to the device. The element for attaching the teeth is made of EVA.