

The invention relates to the use of extracts containing phyloestrogen, which selectively exhibit an estrogen-receptor-beta modulating effect without producing an uterotrophic reactio in the treatment of clinical characteristics and pathophysiological conditions, which are selected from the groups containing: obesity and possible influences of the metabolic syndrome, especially hypertonia, arteriosclerosis, heart attacks, hyperandrogenamisis; menopausal continence troubles; menopausal hot flushes, which are associated with hyperstimulation of the hypothalamic gonadotropine releasing hormone - pulse generator; disturbed steroid hormone synthesis, especially the progesterone synthesis of the human Corpus luteum as a cause of luteal insufficiency; Alzhcimer's disease, which is associated with an increased expression of the estrogen - receptor - beta in hippocampal neurones.