

A method of emergency braking vehicles, according to which kinetic energy of vehicles is converted into rotational energy of a rope drum or stretching or compression of an elastic element by applying to the vehicle of external braking effort formed by a fixed braking device. The device is made lightweight and compact, and it is attached to the vehicle in a place convenient for use. The free end of the device rope is connected to the fastening element in the form of a reactive anchor. The end of elastic element is attached to the vehicle, and the other end is also connected to its own reactive anchor. The external braking effort is formed by settling down the reactive anchor into a layer of solid support in the form of a surface or the reactive anchor is introduced into the layer of any solid support located near the brake surface.