

The invention relates to a method for producing portions of meat that are identical in shape and weight by compacting frozen meat in a mold to form a rounded final shape. An individual piece of meat, which has its natural shape and to which no other pieces of meat adhere, is, when frozen or not frozen, divided, in particular, sawn into two, three or more portions that are equal in weight and/or until the desired weight is obtained. In addition, each portion is trimmed until it has a desired weight and, preferably, a desired rough shape (pre-shape) and is then, while frozen, placed inside the mold and compacted into the final shape inside the mold.