

The invention relates to medicine and concerns V.Tkachenko method for ultraviolet irradiation of subpalatine tonsils. While irradiating by proposed method through metal (nontransparent) adapter with semicylindrical truncated working end the base of tongue is pressed down by non-cut part of the adapter and simultaneously one presses front subpalatine arch for turning free tonsil surface to the cone of UV rays. Visual control of regular arrangement of the adapter is performed due to irradiation of the opposite subpalatine tonsil, arches and soft palate with diffuse UV rays that are passing along the air space of the cut part of the adapter. The irradiation is carried out daily or each alternate day beginning from one tonsil dose which is determined preliminarily on the patient skin and which is increased upon each next procedure by half tonsil dose up to and including last 12-th procedure.