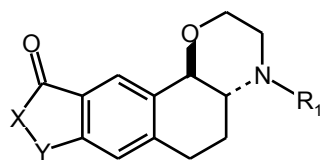


Compounds of formula I, of trans relative configuration:



wherein: X represents an oxygen atom or an NR₂ group, Y represents a group selected from -CH₂-, -(CH₂)₂- and -CH-CH-, R₁ and R₂, which may be the same or different, each represents a hydrogen atom or a group selected from alkyl, cycloalkyl and cycloalkylalkyl, in racemic form or in the form of optical isomers, and also addition salts thereof with a pharmaceutically acceptable acid, and hydrates thereof. Medicinal products containing the same.