

The invention relates to particles (1) with a controllable release of at least one pheromone, wherein a) the particle (1) has a core (2) which is surrounded by one or more layers (4, 6), and b) the core (2) and at least one layer (4, 6) surrounding the core (2) comprises at least one pheromone to be released. The core (2) and/or at least one layer (4, 6) surrounding the core (2) comprises a substrate for bonding or for absorbing the at least one pheromone to be released. The substrate is capable of dispensing the absorbed pheromone in a delayed manner, and the substrate comprises zeolite.