

A method for growing beet by means of applying ammonia-carbonate salts in rates, established according to nitrogen as a nitrogen fertilizer. Prior to sowing the beet seed is treated with aqueous solution of a plant growth regulator, in particular, salt, 3/(-oxyethylamino/sulpholan and picolinic acid at a ratio of 0.015 – 0.020 g per sowing rate per 1 ha.