

The invention relates to agriculture and forestry, namely to nurseries, and can be used in growing seedlings with closed root system of fruit, small-fruit, subtropic, forest and ornamental crops, grape vine as well as vegetable crops while using container technology to grow vegetables at the framed area. A method includes planting grafts, cuttings, seedlings or creepers into containers from a polymer film filled with a substrate open from below from above of each of which an opening for mentioned planting is made, cultivating the plants planted and applying fertilizers.