

The invention relates to the pharmaceutical and perfume and cosmetic industry. A method includes crushing thymus gland of bovine animals, its homogenization in aqueous solution, centrifugation with isolation of floating fraction and extraction of lipids by organic solvent. The fatty fraction obtained at the stage of centrifugation is extracted at one stage by hexane in ratio 1: 5 and lipid complex is obtained from the hexane solution after concentration and filtration.