

The invention relates to building and can be used to make piles in water-saturated ground. A method includes dipping of a hollow element with an opening bottom and a diaphragm fixed therein, with a concrete delivery-pipe passing through it, to ground, connection of the concrete delivery-pipe to a concrete pump, supply of the concrete mix to space between the bottom and diaphragm, lifting the hollow form and removal of water from the cavity above the diaphragm.