

The method includes an alternation of periods of light and darkness at a reduction of general duration of the light period at breeding chickens, feeding and giving to drink to the poultry in the light period of time, and delivery of air from the outside into the premise reducing for 20-30 % of volumes of air in the dark time when keeping adult hens. From the beginning of breeding and up to the end of the keeping of the poultry not less than two hours per day a level of light exposure is kept within the limits of 15-30 lux, and in other time of the light periods after 4-week age the level of light exposure is reduced to 3-10 lux, thus from 8-week age the volumes of air delivery from the outside in the dark periods is kept at 20-30 %, and in the light periods at 3-10 lux - for 10-12 less than in the light periods at the level of light exposure of 15-30 lux. When the temperature exceeds +26 °C the volumes of air delivery from the outside are reduced. The method enables to reduce electrical and thermal power consumption.