

Appliance for impeding the thread has two disc-like or plate-like impeding elements pressed together with a spring return, a U-like clip with two arms, elongated separately at each side of impeding elements. A rod-like support appliance for impeding elements is fixed to the clip by means of at least one support part, which holds it and is formed or connected at least to one arm. Not less than one impeding element has a central opening through which the support appliance goes through.