

The invention relates to the medicine, in particular to the correction of the microcirculatory disorders. The invention provides for distant and contact exposure affecting the blood circulation. First, the distant allocation techniques are used. Then the distant techniques follow with the aim of restoring the symmetry of the blood flow. The hands are moved in rotational mode around the head turned to the side. The trajectory of the hand movements represents the declining spiral. The last turn is performed over the auricle with the acceleration and the hands are sharply extended along the backbone outside the trunk. The manual exposure is conducted in the specified succession. The technical results attained consists in decreasing the duration of the treatment down to 9-10 sessions with the sparing mode of the exposure taking into account the individual disbalance of microcirculation.