

The invention relates to medicine, in particular to laser therapy, and can be used for the treatment of psoriasis and complications thereof. A method according to the invention provides for exposure of affected surface, paravertebral zones on L2-L3, Th9-Th11, D7-D8 levels to helio-neon laser, transcutaneous blood irradiation on ulnar vein and additional irradiation of VC22, VC17, RP16 bioactive points.