

The invention relates to pharmacy and medicine, in particular to methods for the treatment and prevention conditions associated with disorders of uric acid metabolism using agents of plant origin. The method is realized by prescription of sweet cherry (*Cerasus avium* (L.) Moench) juice as a safety plant agent. This allows to reduce efficiently uric acid level and provide renal excretion thereof. Juice of sweet cherry fruit is prescribed to patients with disorder of uric acid metabolism in daily dose of no less than 5 ml/kg up to effective reduction or normalization of uric acid content.