

The invention relates to a water-vapor-permeable sole unit (15) comprising an outsole layer (41) that is constructed with an outsole material and that is possibly composed of a plurality of parts and/or provided with outsole parts arranged thereunder, wherein the thickness of the outsole layer is reduced within a peripheral area by means of a recess (43) extending from the top of the outsole layer (41), and the outsole layer is provided with outsole layer through-openings (45) extending through the thickness thereof. The sole unit (15) comprises a water-vapor-permeable barrier layer (47) that is arranged at least partially in the recess (43) of the outsole layer (41) and that extends only over a partial height of the recess (43), wherein the water-vapor-permeable barrier layer is constructed with a barrier material designed against the penetration of foreign bodies. The sole unit (15) comprises a water-vapor-permeable comfort layer (49) that is arranged above the barrier layer (47) in the recess (43) and that is constructed with a comfort layer material that has a lower.