

The invention relates to the medicine, namely to gynecology. The method of the preoperative therapy of the uterine leiomyoma comprises the administration of the oral taking of the iron supplements at a dose of 80 mg of iron per day, the mean, based on the uliprystal acetate in dose of 5 mg per day since the first week of the menstrual cycle for three months, in addition for the same period the oral administration of the agent, based on indole-3-carbinol and epihalokatehin 3-Galate is prescribed at a dose of 200-400 mg per day with meal.