

A mobile lifting rack for maintenance and repair of motor vehicles comprises two tracks and a car trailer, and the tracks comprise cross stops and boards, and two tracks are located on a car trailer. It comprises a frame-platform, a power plant, a hydraulic hoist platform, four retractable hydraulic stops, wherein the hydraulic hoist platform comprises regulating cross stops, a winch and two folding ramps, wherein the hydraulic hoist platform, power plant, four hydraulic retractable stops are located on the frame-platform.